CLUB 55+

PARKS & RECREATION
City of Fort Lauderdale

October 2015

CLASS	Mon	Tue	Wed	Thu	Fri
Line Dance (Beginner)	Riverside 9-10:30 AM (Temp Instr.) Tommy Hall		Bass 9:30-11:30 AM (Temp Instr.) Tommy Hall Beach Comm. 7-8:30 PM Instr. Golda Levitan		
Line Dance (Multi-Level)	Laud. Manors 11 AM-1PM (Temp Instr.) Tommy Hall Carter 6-8 PM Instr. Janice Martin/Kathy Clarke	Riverland 9-10:30 AM Holiday 11-1 PM Instr. Kathy Clarke Bass 6-8 PM (Temp Instr.) Tommy Hall		Bass 9:30-11:30 AM (Temp Instr.) Tommy Hall Carter 6-8 PM Instr. Janice Martin/ Kathy Clarke	
MahJongg Lessons					Beach Comm. 9:30-11:30 AM
Mah Jongg Open Play			Beach Comm. 1-4 PM		
Ping Pong	Beach Comm. 9:30 AM-12 PM		Beach Comm. 9:30 AM-12 PM	Beach Comm. 12:30-3 PM	
Quilting			Riverside 10 AM-2 PM Instr. Floree Dixon		
Senior Social Club / Club 55 Open Games	Carter 12-6 PM (Open)	Carter 12-6 PM (Open)	Carter 12-6 PM (Open) Croissant 10 AM-12 PM	Bass11 AM-1 PM Carter 12-6 PM (Open)	Carter 12-6 PM (Open)
Sewing		Osswald 6-7 PM Instr. Antrina Carter			
Shuffle Board	Osswald 11 AM-12 PM				
Transformation Fit w/ (Personal Trainer)		Osswald 10-11 AM Instr. William Paulk			
Visual Art					Carter 10AM-12PM Instr. Norberto Granja
Walking Club	Carter 6-9 AM	Carter 6-9 AM	Carter 6-9 AM	Carter 6-9 AM	Carter 6-9 AM

If you would like this publication in an alternative format or if you need reasonable accommodation to participate in these programs, please contact 954-828-7275 or parksinfo@fortlauderdale.gov at least seven business days prior to the program.

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CLASS	Mon	Tue	Wed	Thu	Fri
Aerobics/ Yoga	Croissant 9-10 AM Instr. Suzy Ludlow				
Art		Osswald 9-10 AM Warfield 10:30 AM-12 PM Instr. Lorraine Maxwell		Riverland 9:30-10:30 AM Holiday 11 AM-12:30 PM Instr. Lorraine Maxwell	
Art/ Meet the Masters	Beach Comm. 2-3:30 PM Instr. Lorraine Maxwell				
Bridge Play				Beach Comm. 1-4 PM	
Canasta Lessons				Beach Comm. 9:30-11 AM	
Chair Yoga		Riverland 11 AM-12 PM Hortt 9:30-10:30 AM Instr. Tricia Billings			
Drumming		Osswald 11AM-1 PM Instr. Randy Robinson			
Feature Film		Beach Comm. 10 AM-12 PM			
Golf	Osswald 10-11 AM Instr. David Deal Rainy Days– Class Held Inside	Osswald 11 AM-12 PM Instr. David Deal Rainy Days– Class Held Inside			
Hula			Riverside 9-10 AM Instr. Tricia Billings		
Keenagers	Bass 11 AM-1 PM				

INFORMATION: 954-828-7275 or www.fortlauderdale.gov/club55