

Office of the Mayor
City of Fort Lauderdale

Proclamation

**In Recognition of
THE HEALTHIEST WEIGHT FLORIDA INITIATIVE**

WHEREAS, the City of Fort Lauderdale supports policies that focus on healthy weight, health and wellness, and healthier lifestyles in all communities; and

WHEREAS, the Florida Department of Health has launched a healthy weight campaign known as "Healthiest Weight Florida", a public-private collaboration to help Florida's children and adults make informed, consistent choices about healthy eating and active living; this program has been embraced by individuals and businesses in many cities, counties, and communities; and

WHEREAS, the Florida Department of Health has launched the 2017 Healthy Weight Community Champion Recognition Program that will recognize local governments and active municipalities (cities, towns and villages) and counties that implement policies to help people become more physically active and improve nutrition; Best practice policies implemented by communities will be recognized on January 13, 2017; and

WHEREAS, poor nutritional choices and a lack of physical activity are linked to overweight and obesity which increase the risk of diabetes, cancer, heart disease, liver disease, hypertension and other health conditions; and

WHEREAS, the City of Fort Lauderdale officials believe there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a decrease in overweight and obesity in Florida's adults and children and the associated negative health related impacts; and

WHEREAS, community partners can work together to ensure that there are safe places for residents to be active, such as in parks, ball fields, pools, gyms, and recreation centers; and

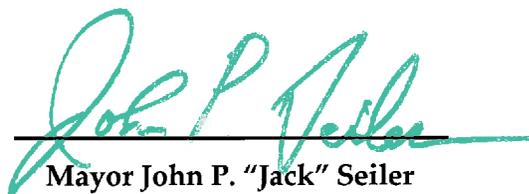
WHEREAS, access to healthy foods has a direct impact on the overall health of our community and planning for fresh food, open space, sidewalks, and parks should be a priority.

NOW, THEREFORE, WE, as City Commissioners of the City of Fort Lauderdale, Florida, do hereby proclaim, **January 13, 2017** as:

THE HEALTHIEST WEIGHT FLORIDA INITIATIVE DAY

in the city of Fort Lauderdale and challenge all local governments, businesses, students, parents and all residents to participate in the Healthiest Weight Florida campaign to foster healthy weight and improve overall health, improve job and school performance and decrease work and school absenteeism.

DATED this, the 30th day of November 2016.


Mayor John P. "Jack" Seiler



"Fort Lauderdale: The City You Never Want To Leave"